

# Trust gives £100,000 for homeless' health

A Bradford charity has been given more than £100,000 to help formerly homeless young people to live more healthily.

Bradford City Primary Care Trust has provided Impact Community Developments with £109,000 for the three-year scheme.

Working with local health organisations, the project will focus on food, drug and alcohol addiction, mental and physical health. A full-time worker is being sought to run the project.

Impact was established in 1998 and placed young homeless people, or those who might become homeless, in formerly condemned blocks of flats in Little Horton.

The tenants were given the chance to learn the skills needed to refurbish and maintain their flats, leading to work with Impact's maintenance team or other firms.

The latest health improvement project follows

several pilot schemes, including a ten-week fitness challenge run through gym chain Fitness First, a sexual health advice session and a health and beauty night.

Nigel Delaney, Impact chief executive said: "We aim to offer young people holistic support by looking at personal, social, health and employment needs as well as housing. The healthy living programme is a major part of that."

Mr Delaney said many young people were unaware of their own health and the scheme would help support them into jobs in future.

Liz Andelin, assistant director of patient services for the trust, said they were looking forward to working with the charity.

"We also welcome the opportunity offered by the project to enable young people to make choices about their health and lifestyle."